

2012 HERTS COUNTY TRACK AND FIELD RANKING LISTS

Under 20 Women

100m

11.66	Jodie Williams	HPx
12.03	Frances Slater	HPx
12.8	Danni Town	D&T
12.9	Abbie Griffiths	HPx
13.1	Chelsea Shurland	Wat
13.49	Shannon Proctor	HPx
13.7	Olivia Harry	HPx
14.4/3.3	Hannah Earnshaw	StA
15.05/0.4	Claire Bentley	WatH

200m

26.2	Abbie Griffith	HPx
26.34	Finolla Frederick	HPx
26.4	Chelsea Shurland	Wat
27.8/-0.8	Abi Holman	Harr
27.89	Shannon Proctor	HPx
29.32i	Catherine Macintosh	StA
30.4	Catherine Macintosh	StA
31.96	Abbie Smith	StA

400m

58.9	Sian Harry	HPx
59.3	Stephanie Williams	HPx
59.3	Chelsea Shurland	Wat
59.38	Megan Steer	StA
60.02	Finolla Frederick	HPx
61.11	Abbie Griffith	HPx
62.22	Ella Lloyd	HPx
62.3	Sarah Grover	D&T
64.55 i	Catherine Macintosh	StA
64.9	Catherine Macintosh	StA
71.1	Hannah Earnshaw	StA
73.09	Claire Bentley	WatH

800m

2:13.38	Lizzie Bird	HPx
2:17.2	Megan Steer	StA
2:19.1	Sian Harry	HPx
2:22.19 i	Laura Farrar	StA/WSEH
2:23.8	Laura Farrar	StA/WSEH
2:25.5	Sarah Grover	D&T
2:33.2	Natalie Wickings	WatH
2:37.2	Hannah Hull	StA
2:43.5	Aisling Hayward	HPx
2:49.3	Abbie Smith	StA
2:51.48	Ella Lloyd	HPx
2:54.88	Hannah Lloyd	HPx
2:56.1	Shannon Proctor	HPx

1500m

4:28.37	Lizzie Bird	HPx
5:11.50	Natalie Wickings	WatH
5:12.4	Megan Steer	StA
5:16.7	Alex Eykelbosch	D&T
5:20.8	Sarah Grover	D&T
5:22.4	Sian Harry	HPx
5:26.1	Hannah Hull	StA
5:31.3	Stephanie Williams	HPx
5:59.3	Aisling Hayward	HPx
6:28.08	Hannah Lloyd	HPx

3000m

9:54.32	Lizzie Bird	HPx
11:28.54	Natalie Wickings	WatH
11:32.1	Hannah Hull	StA
11:56.7	Francis Roberts	D&T
13:14.8	Helena Page	HPx
13:14.8	Eloise Meakins	HPx
13:22.32	Aisling Hayward	HPx
13:51.6	Shannon Proctor	HPx

100m Hurdles

17.2	Sophie Lee	Dav/Tr
18.1	Stephanie Williams	HPx
19.1/4.8	Hannah Earnshaw	StA
19.51	Hannah Lloyd	HPx
19.6	Hannah Earnshaw	StA
19.6	Helena Copley	StA/Oxf U
19.9	Claire Bentley	WatH
22.0	Catherine Macintosh	StA

400m Hurdles

63.04	Stephanie Williams	HPx
67.2	Sian Harry	HPx
67.7	Sophie Lee	D&T
74.8	Catherine Macintosh	StA
75.8	Helena Copley	StA/Oxf U
81.0	Claire Bentley	WatH
83.17	Eloise Meakins	HPx

1500m Steeplechase

6:13.78	Abbie Griffiths	HPx
6:16.82	Helena Page	HPx
6:24.2	Catherine Macintosh	StA
6:27.6	Eloise Meakins	HPx
6:34.78	Aisling Hayward	HPx
6:39.88	Hannah Lloyd	HPx
6:50.81	Ella Lloyd	HPx
7:07.3	Claire Bentley	StA
8:19.6	Chelsea Shurland	Wat

2000m Steeplechase

8:11.09	Sarah Grover	D&T
8:44.1	Helena Page	HPx
9:48.0	Aisling Hayward	HPx
9:49.9	Sophie Lee	D&T
9:59.8	Danni Town	D&T

High Jump

1.70	Kate Jones	StA
1.60	Alexandra Macleod	StA
1.55	Abbie Griffiths	HPx
1.54	Sarah Grover	D&T
1.45	Sophie Lee	D&T
1.40	Helena Copley	StA/Oxf U
1.40	Sian Harry	HPx
1.30	Hannah Lloyd	HPx

Pole Vault

3.40	Olivia Harry	HPx
2.60	Rowen Seglah	StA

Long Jump

5.45	Abi Holman	Harr
5.16	Finolla Fredrick	HPx
5.01	Sophie Lee	D&T
4.43	Kate Jones	StA
4.39	Shannon Proctor	HPx
4.27	Olivia Harry	HPx
4.07	Hannah Earnshaw	StA
3.87	Ella Lloyd	HPx
3.80	Helena Copley	StA/Oxf U
3.71	Claire Bentley	StA
3.71	Claire `Bentley	WatH
3.60	Alexandra Macleod	StA

Triple Jump

11.51	Abi Holman	Harr
11.49 CR	Shimaala Harewood	WatH
10.35	Finolla Fredrick	HPx
10.16	Sacha Dowling	HPx
9.37	Ellie Montgomery	HPx
9.10	Hannah Earnshaw	StA
9.06	Shannon Proctor	HPx
8.78	Olivia Harry	HPx
8.30	Claire Bentley	WatH
7.89	Alexandra Macleod	StA

Shot

8.67	Hannah Lloyd	HPx
8.44	Sarah Miller	HPx
8.10	Eloise Meakins	HPx
6.51	Hannah Earnshaw	StA
6.08	Kate Jones	StA
5.93	Abbie Griffiths	HPx
5.85	Abi Wilde	StA

Discus

29.22	Sarah Miller	HPx
25.51	Eloise Meakins	HPx
22.10	Abi Wilde	StA
20.99	Kate Jones	StA

Hammer

7.84	Hannah Lloyd	HPx
5.68	Abbie Griffiths	HPx

Javelin

52.32	Eloise Meakins	HPx
32.61	Abi Wilde	StA
30.37	Kate Jones	StA
29.09	Finolla Fredrick	HPx
28.36	Sarah Miller	HPx
22.57	Sophie Lee	D&T
15.43	Claire Bentley	WatH
11.95	Abi Holman	Harr
7.48	Natalie Wickings	WatH